

# Default Report

*Sound Pillow Sleep System Study*

February 1, 2019 7:17 PM MST

Q2285 - E56. If you have any additional comments about your sleep, please type them

here:

Too little

E56. If you have any additional comments about your sleep, please type the...

he is non verbal so he is unable to communicate some information.

She really struggled using the sound pillow. She is so ingrained in what she listens to and she has really good hearing and could hear a buzzing sound in the speakers so it was causing nightmares. (she has a strong fear of buzzing or humming sounds.) If she had this when she was younger I think it might have been more successful.

James will always nap during the day. He is on a very set schedule and it isn't easy to change it.

Elizabeth homeschools, so we always go on her schedule.

These questions I just finished was for the last 2 weeks, PLEASE NOTE THE ANSWERS ARE NOT TYPICAL FOR MY CHILD BECAUSE THE LAST 2 WEEKS SHE WAS USING THE SOUND PILLOW WHICH IMPROVES HER SLEEPING. IF THESE QUESTIONS WAS FOR WEEKS WITHOUT THE SOUND PILLOW THE ANSWERS WOULD BE GREATLY DIFFERENT. I HOPE I UNDERSTOOD CORRECTLY THAT THE QUESTIONS WERE FOR THE LAST TWO WEEKS , WHICH WAS WHEN SHE WAS USING THE SOUND PILLOW. IF THE QUESTIONS WAS MEANT TO BE ANSWERED CONCERNING MY CHILDS NORMAL TWO WEEKS WITHOUT THE SLEEP PILLOW THEN THE ANSWERS WOULD BE COMPLETELY DIFFERENT

He falls asleep in his own bed and then ends up waking up and sleeps in my room on a seperate bed in my room not in my bed.

The pillow seemed to help. And he has asked for it since completing the study.

The right amount

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He does not attend school due to his special needs. He functions at the age of a 2 year old. He sleeps in a safety bed

His risperdone was increased on Friday to 4mg from 3mg. It is making him sleepier.

We tend to sleep light

Child still waking once a night to climb into our bed, however, he's not fully awake. So he's falling back asleep quickly. We've also noticed he's falling asleep quicker with the pillow than the beginning of the study.

I messed up on some of the dates in the diary, I am fairly certain. But do know, I entered in the diary daily and didn't skip any days.

He does take Melatonin now.

John hasn't napped since the age of 2. He will fight me on sleep but with the pillow, he was always usually willing to go to sleep.

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Laci never just falls asleep. We also homeschool, so school is done on our own times.

Too much

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The pillow is a great innovative creation!

**End of Report**