



## SLEEP MASKS

### Lights Out Sleep Mask

Blocking out light with a sleep mask is one of the simplest ways to get a good night's sleep. The Lights Out Sleep Mask is big enough to prevent any light from seeping in and its concave shape is designed to fit comfortably on your face and allow easy eye movement. \$12.99

### Tempur-Pedic Sleep Mask

Tempur-Pedic is best known for making mat-

tresses, but the bedding company also has a line of sleep-aid products that includes a sleep mask made with its cushiony and temperature-responsive Tempur material. \$29

### Hibernate

Sometimes it's not enough to just block light when you need to sleep - you need to tune out sound, too. The Hibernate may be the ideal sleep mask for travelers: It not only has a soft and silky eye cover but also ear pillows that filter out up to 50 percent of outside noise without the discomfort of wearing ear plugs. \$39.95

## SOUND MACHINES



### The Sound Pillow

The Sound Pillow takes the idea of "soft rock" seriously: this comfy hypo-allergenic twin-sized pillow has stereo speakers buried deep inside its fluffy fiber fill; just use the standard 1/4-inch headphone jack to plug in your iPhone or other music player and let the sound of calming

music or lapping waves help you drift off to sleep. \$159.88